

Sylvatic rabies and the perception of vampire bat activity in communities in the Ecuadorian Amazon

Rabia selvática y percepción de la actividad del murciélago vampiro en las comunidades amazónicas ecuatorianas

Raiva silvestre e percepção da atividade de morcegos vampiros em comunidades amazônicas equatorianas

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Abstract

An outbreak of sylvatic rabies was reported in indigenous communities located in the Ecuadorian Amazon in November 2011. The objective of this study was to analyze family dwelling characteristics and other sociodemographic factors associated with the perception of an increase in hematophagous bat bites in humans and domestic animals to assist the implementation of intervention policies in the region. A total of 381 households from communities covered by the outbreak response activities were surveyed. Despite being associated with poorer dwelling conditions, the possession of domestic animals is associated with the perception of an increase in bat bites among animals. Better dwelling conditions, use of protective measures, access to electricity, and no domestic animals are variables associated with the perception of a rise in attacks on humans. The analysis of perceptions of bite frequency is fundamental to improve the effectiveness of vaccination programs and strategies to promote the adoption of preventive measures against rabies among the population.

Chiroptera; Rabies; Disease Outbreaks

Resumen

En Ecuador se reportó un brote de rabia selvática en comunidades indígenas amazónicas en noviembre de 2011. El objetivo del trabajo fue analizar las características de las viviendas de las familias, añadiendo aspectos sociodemográficos asociados a la percepción del aumento de mordeduras de murciélagos hematófagos en humanos y en ganado, con el fin de implementar políticas de intervención en la zona. Fueron encuestados 381 jefes de familia de las comunidades incluidas en el programa de primera intervención de vacunación. La posesión de ganado conduce a un aumento en la percepción de las mordeduras de murciélago en los animales y estas personas tienen casas con las peores condiciones de vivienda, donde pueden entrar y habitar murciélagos, mientras que las familias que tienen mejores condiciones de vivienda, con protección, electricidad y sin ganado perciben un aumento en los ataques a humanos. El análisis de la percepción de frecuencia de mordeduras es fundamental para lograr una adhesión a las medidas de prevención y vacunación.

Quirópteros; Rabia; Brotes de Enfermedades

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Introduction

The vampire bat species *Desmodus rotundus* is responsible for the highest incidence of human rabies transmissions caused by hematophagous bats in Brazil, Colombia and Peru^{1,2,3}. The distribution of this species is largely concentrated in the Ecuadorian Amazon, where a human rabies outbreak between 17 November and 7 December 2011 resulted in 11 deaths, nine of which were children under 15 years of age. This triggered an intensive government response leading to a declaration of sanitary emergency⁴ and a study of the factors associated with bat bites in the affected area⁵. The only previous report on outbreaks of sylvatic rabies transmitted by vampire bats in the Ecuadorian Amazon was produced in 2007⁶ and involved cases in communities near the border with Peru.

Considering the low incidence of the disease at national level (based on this outbreak the national incidence rate is 0.76 per million population), rabies is an apparently low priority in Ecuador. However, in the context of the affected communities and age group, the incidence rate is dramatically higher: for example, in the community of Tarimiat rabies was responsible for 15% of deaths among children under 15 years of age.

Lack of knowledge of the rabies problem and the perception that the risk of contracting the disease is low has resulted in an absence of primary preventive practices among high risk populations, even when the rabies vaccine is readily available⁷.

The objective of this study was to analyze the perceptions of heads of households in communities at a high risk of attack by vampire bats regarding the association between vampire bat activity and dwelling conditions and the presence of domestic animals.

Materials and methods

Taisha Canton is located 68km from Macas, the provincial capital of Morona Santiago in the Ecuadorian Amazon. The region's indigenous population is highly dispersed (density = 2 people/km²). Communities are isolated and can only be reached on foot, involving a journey of several days, plane, or canoe.

Fifteen communities were selected for this study that satisfied one of the following criteria: occurrence of deaths due to sylvatic rabies; costs and access conditions were compatible with outbreak emergency response criteria. A total of 381 heads of households, or when absent the next ranking adult family member, were interviewed.

The questionnaire was based on those of previously published surveys of sylvatic rabies outbreaks⁸. The survey was conducted in three stages between February and April 2012.

The questionnaire consisted of five sections: (i) dwelling conditions, such as the presence of openings in the house, whether the construction was complete, and protective measures; (ii) sociodemographic characteristics including sex, age, health access, and active social role; (iii) type of use of health services and traditional medicine; (iv) presence and type of domestic animals, including livestock; and (v) perception of a rise in vampire bat activity (attacks/bites) relating to humans and animals.

Statistical analysis

A univariate analysis was carried out using IBM SPSS version 18 (IBM Corp., Armonk, USA). The categories and variables unfinished dwelling, access to electricity, presence of domestic animals and protective measures were then reduced and classified into clusters through multiple correspondence analyses using the SPAD package. The results are shown in Tables 1 and 2.

Ethical aspects

The study protocol was approved by the Ecuadorian Ministry of Public Health and Achuar and Shuar authorities. The participation of the heads of Households in the study was authorized by each Community's General Assembly and each interviewee participated voluntarily and signed an informed consent form.

Results

The variables and categories are shown in Table 1. Families with 10 or more members accounted for 5% of the sample, while 51.7% of families had between five and nine members and 43.3% had four or less members. The proportion of male participants was 50.3%.

The mean age of participants was 36.9 years (SD 12.1), 25% were aged under 28.1 years and 25% aged over 43.9 years. Ninety-four percent of families travelled to the health unit on foot and 40% of these families took up to two hours to complete the trip. A total of 141 households (37%) had domestic animals and one third of these families had more than one type of animal.

Over a fifth (21.5%) of the heads of households reported having been bitten by a bat in the last year. The average number of times that they had been bitten was 2.9, and the length of time

Table 1

Study variables.

Characteristic	n/Total	%
Family dwelling		
House with no openings	131/381	34.4
Unfinished house and huts	250/381	65.6
Openings present	322/381	84.5
Electricity	178/381	46.7
Generator	79/178	44.2
Solar panels	75/178	41.8
Outdoor lighting at night against bat attacks	63/381	16.5
Protection against entry of small animals	62/381	16.3
Mosquito nets	56/62	90.1
Active social role	164/381	43.0
Health agents	25/164	15.2
Community leader	51/164	31.1
Teachers or education delegates	81/164	49.4
Female family heads	69/381	18.1
Health services		
Used for any type of health problem	216/381	56.7
Used only in cases of severe illness	126/381	33.1
Traditional medicine only (witch-doctor)	36/381	9.4
Livestock		
Present	141/381	37.0
Cows	97/141	68.8
Horses	72/141	51.1
Pigs	26/141	18.4
Poultry	124/141	87.9
Domestic (cats, dogs)	93/141	65.9
Perception of a rise in vampire bat activity (bites, attacks)		
Yes	251/381	65.9
Yes, rise in humans	88/251	35.2
Yes, rise in animals	163/251	64.8
Knowledge about attacks in other communities	138/381	36.2
Reported livestock bites last month	107/141	75.6
Reported livestock losses due to bat bites	115/141	81.6

since the most recent attack was less than two months.

The clusters are shown in Table 2. The associated categories in cluster one are better quality housing, access to electricity, no openings in the house, presence of protective measures against entry of bats, absence of domestic animals, and the perception of a rise in bat bites among humans but not animals.

Clusters two and three include poor quality dwellings with openings, no electricity, no protective measures against bat bites, and presence of all types of domestic animals, except horses,

and the perception of a rise in bat bites among animals but not among humans.

The perception of a rise in vampire bat attacks on humans is associated with better quality dwellings with no openings, and absence of domestic animals. In contrast, the opposite perception is associated with poor quality dwellings with openings and presence of domestic animals. With regard to bat activity and animals, the perception of an increase in attacks on animals is associated with poor quality dwellings with openings and presence of domestic animals.

Table 2

Variables and categories associated with the clusters *.

Cluster	Access to electricity	Outdoor lighting	Active protection measures	Presence of livestock	Openings	Type of dwelling	Perception of a rise in vampire bat attacks/bites among humans	Perception of a rise in vampire bat attacks/bites among animals
1	Yes	Yes	Yes	No	No	Finished or house without openings	Yes	No
2	No	No	No	Yes, but no horses.	Yes	Hut	No	Yes
3	No participation in the cluster	No participation in the cluster	No	Cows, horses, cats, poultry, dogs	Yes	Other dwellings (completely open house)	No	Yes

* The categories of the variables are "yes" or "no".

Discussion and limitations

The apparently low incidence of rabies cases in humans at national level may mask the high frequency of vampire bat attacks linked to rabies cases in specific localities. The findings of this study suggest that the lack of protective measures against the entry of bats in houses and presence of domestic animals are associated with the perception of a rise in attacks on animals and humans. Similarly, given that attacks occur at night, the use of outdoor lighting and protective measures are also associated with this perception.

The results of this study also show the negative economic impacts of bat attacks. In households that owned livestock, eight out of 10 families lost animals that died after being bitten by bats. However, it was only after the deaths of children that the authorities were spurred to respond and implement a massive post-exposure vaccination campaign.

The heads of households living in better quality housing, using protective measures against

bat bites, and with no domestic animals perceived an increase bat attacks but only on humans. People who are accustomed to being bitten by bats apparently have a weaker perception of the seriousness of this problem but have a real concern about the risks to their livestock. A study carried out in Peru found an alarming degree of misinformation about rabies among the people sampled despite the fact that 90% had been bitten by a vampire bat ⁹.

It should also be noted that the inhabitants of these communities were nomads until about seven decades ago and this change in lifestyle has led to changes in land use, diet and other factors which may have led to a disturbance in the balance of the local ecosystems, as described by other authors in studies carried out in the Amazon basin ^{8,10}. However, such changes in ecological factors are beyond the scope of this study due to the lack of comparative historical data on changes which may be attributable to specific nomadic communities.

Resumo

Um surto de raiva silvestre foi notificado em comunidades indígenas da Amazônia equatoriana em novembro de 2011. O objetivo deste estudo foi analisar as características do domicílio e aspectos sociodemográficos das famílias associados à percepção do aumento de mordeduras de morcegos hematófagos em humanos e gado doméstico, a fim de orientar a implementação de políticas locais de controle. Foram entrevistados 381 chefes de família das comunidades incluídas no programa de controle do surto. Entre os que possuem gado

é maior a percepção de mordidas de morcego nos animais, apesar de terem também as piores condições de moradia, enquanto as famílias em melhores condições de moradia, com medidas de proteção, eletricidade e sem gado percebem um aumento nos ataques a humanos. A análise da percepção da frequência de mordidas é fundamental para incrementar a adesão às medidas de prevenção e vacinação.

Quirópteros; Raiva; Surtos de Doenças

Contributors

N. Romero contributed to study conception and design, data collection, analysis and interpretation, drafting the article, critical revision of the manuscript for important intellectual content, and the final approval of the published version. N. Escobar contributed to data collection and interpretation, drafting the article and final approval of the published version. M. Utzet contributed to data analysis and interpretation, critical revision of the manuscript for important intellectual content, and final approval of the published version of this article. M. Feijoo-Cid contributed to study conception and design, data interpretation, critical revision of the manuscript for important intellectual content, and final approval of the published version of this article. M. Martin contributed to study conception and design, data analysis and interpretation, critical revision of the manuscript for important intellectual content, and final approval of the published version of this article.

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Disclaimer

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